

Announcements – May 29th, 2025

Nothing new here

Student Services Office

10th Graders

Your PSAT 10 scores should now be available on your College Board account. If you scored a 1000 or higher and would like to get out of Test Prep for next year, see your Counselor and show her your score. Student scores are not available to schools staff until June 30th, so Counselors need to see your actual score from The College Board.

Happy Birthday

Ben Harris
Taber Pfau

Lunch Specials

Monday -
Tuesday -
Wednesday -
Thursday - Mac & Cheese w/ corn dog
Friday - Nachos / Soft Shell Tacos

Athletics

HHS Sports Schedule

(Home events are highlighted)

Monday 5/26

Tuesday 5/27

Wednesday 5/28

Thursday 5/29

Friday 5/30

Saturday 5/31

9am Varsity Track - Hosting D2 State Track Meet

12pm Varsity Softball District Semi-Final @ South Christian

Other Announcements

Sign up for summer HEAT

Here is the link:

<https://tshq.bluesombrero.com/Default.aspx?tabid=2750448>

The HEAT program is designed to maximize each individual's athletic potential through specific group training. This program will focus on the following areas:

- Exercise technique
- Creating a wide foundation of strength
- Speed & power development
- Conditioning
- Nutrition
- Injury reduction
- Increasing mobility and functional movement quality
- Recovery education and application
- Leadership and what it means to take ownership of your progress

Planet Fitness High School Summer Pass

Students 14 - 19 years old ... Planet Fitness has a special program for you this summer. You'll be able to work out for free all summer; starting June 1st - August 31st. You can sign up at: planetfitness.com/summerpass or at their front desk. Check out the flyer on the Student Community Board by the student lounge.